

\*TW: SELF-HARM  
SUICIDAL IDEATION

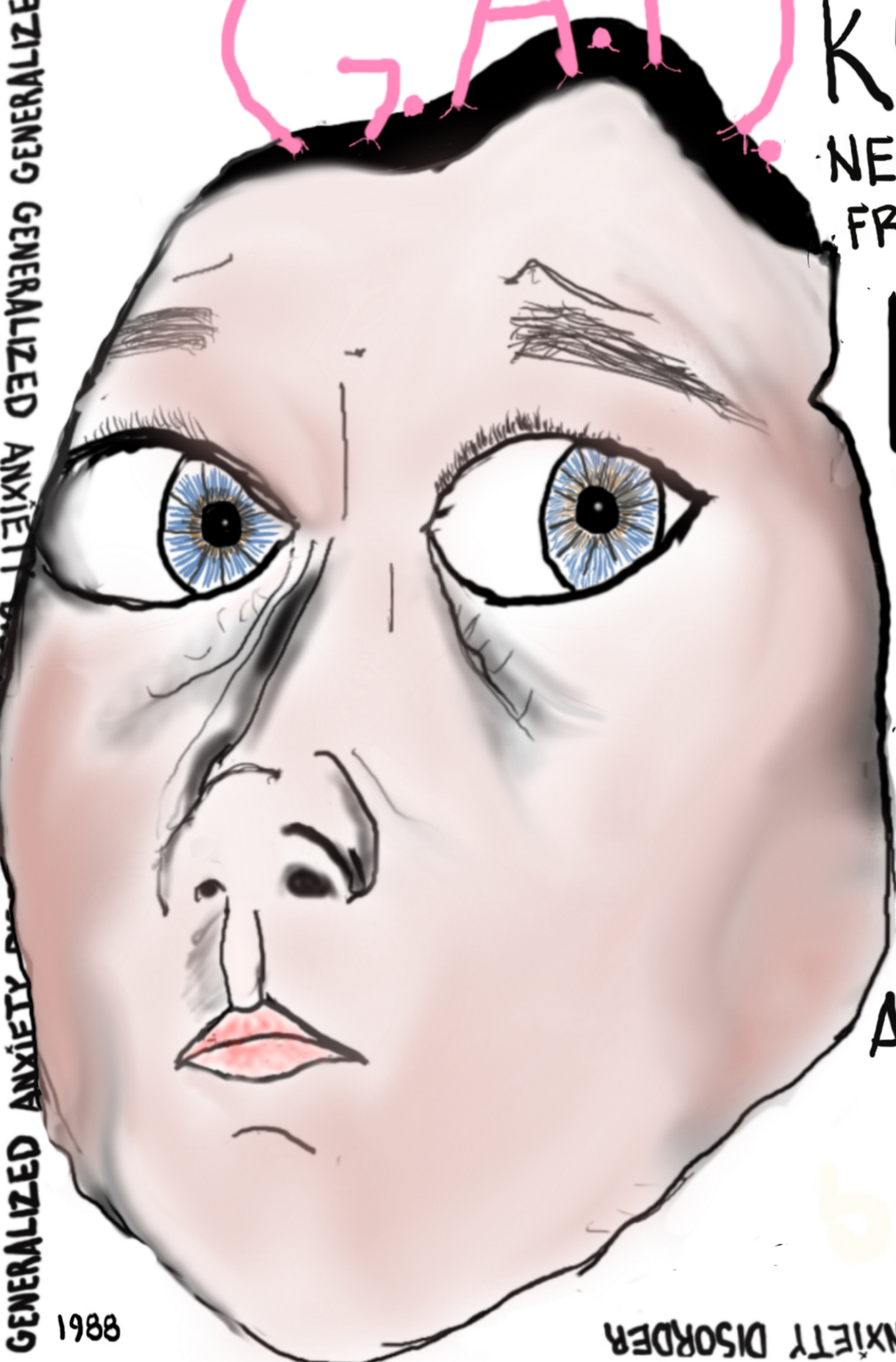
# A VERY BRIEF MEMOIR IN ACRONYMS



G.A.D.

THIS

IS RENDERED FROM A PHOTOGRAPH IN KINDERGARTEN. NEARLY ALL THE CANDID PICTURES FROM THIS ERA CAPTURE A PARTICULAR



LOOK IN MY EYES.

"HE'S SO WORRIED"

COUNSELOR REPORTS.

"WE BETTER GIVE HIS FEAR AN ACRONYM"

THE COP in TAN and GOLD  
TAUGHT ME:  
"STEER CLEAR of  
BAD  
DRUGS"

NUMBER ONE

BEST in

6<sup>TH</sup> GRADE

at NOT DOING

BAD  
DRUGS

GOLD MEDAL!

1995

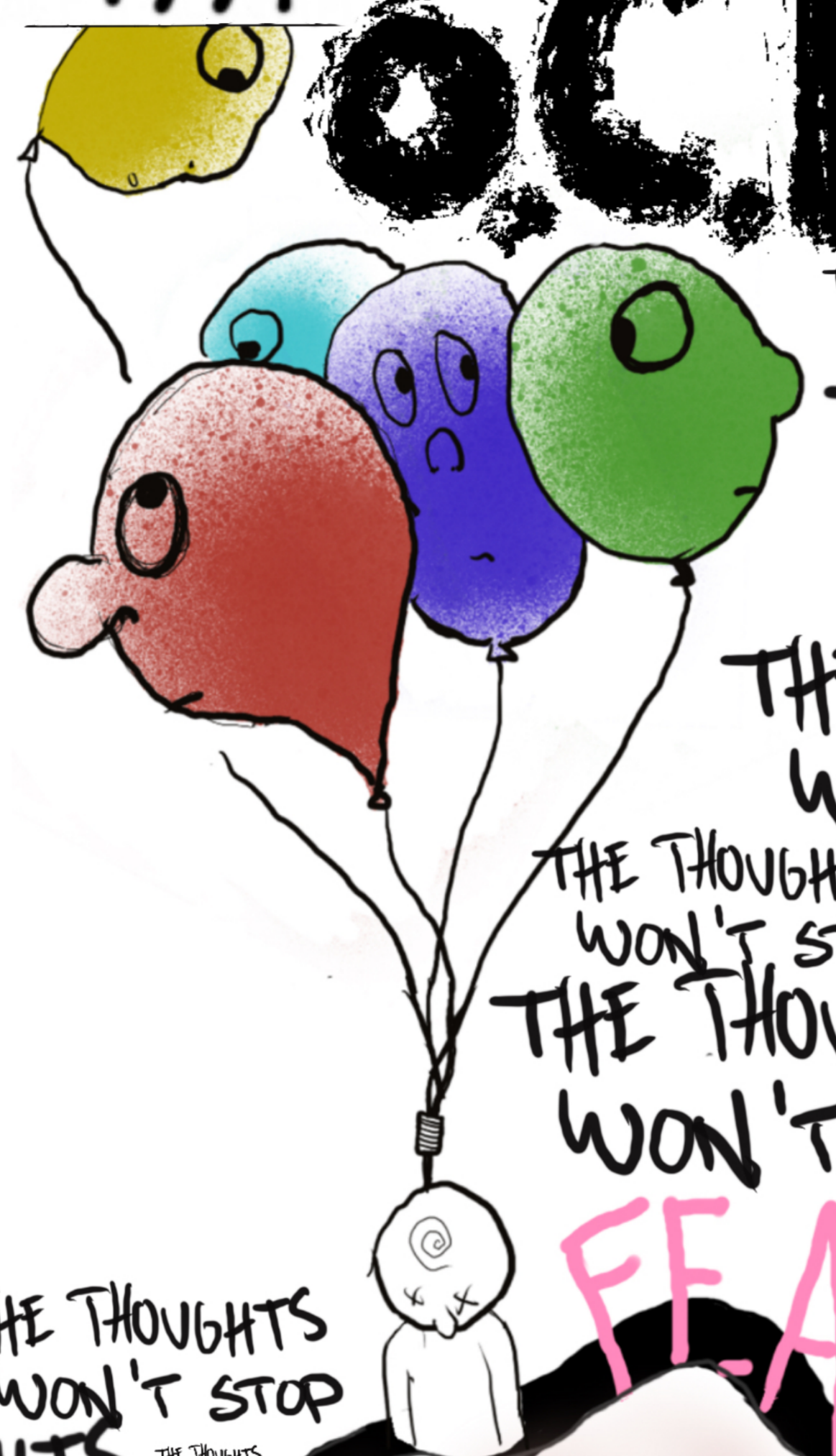


KEEP KIDS OFF DRUGS SGNRD FFO SDIX JEEK KEEP KIDS OFF DRUGS SGNRD FFO SDIX JEEK KEEP KIDS OFF DRUGS SGNRD FFO SDIX JEEK KEEP KIDS OFF DRUGS SGNRD FFO SDIX JEEK KEEP KIDS OFF DRUGS SGNRD FFO SDIX JEEK

OBSESSIVE COMPULSIVE DISORDER OBSESSIVE COMPULSIVE DISORDER OBSESSIVE COMPULSIVE DISORDER

1994

GOOD



THE THOUGHTS WON'T STOP

THE THOUGHTS WON'T STOP

THE THOUGHTS WON'T STOP

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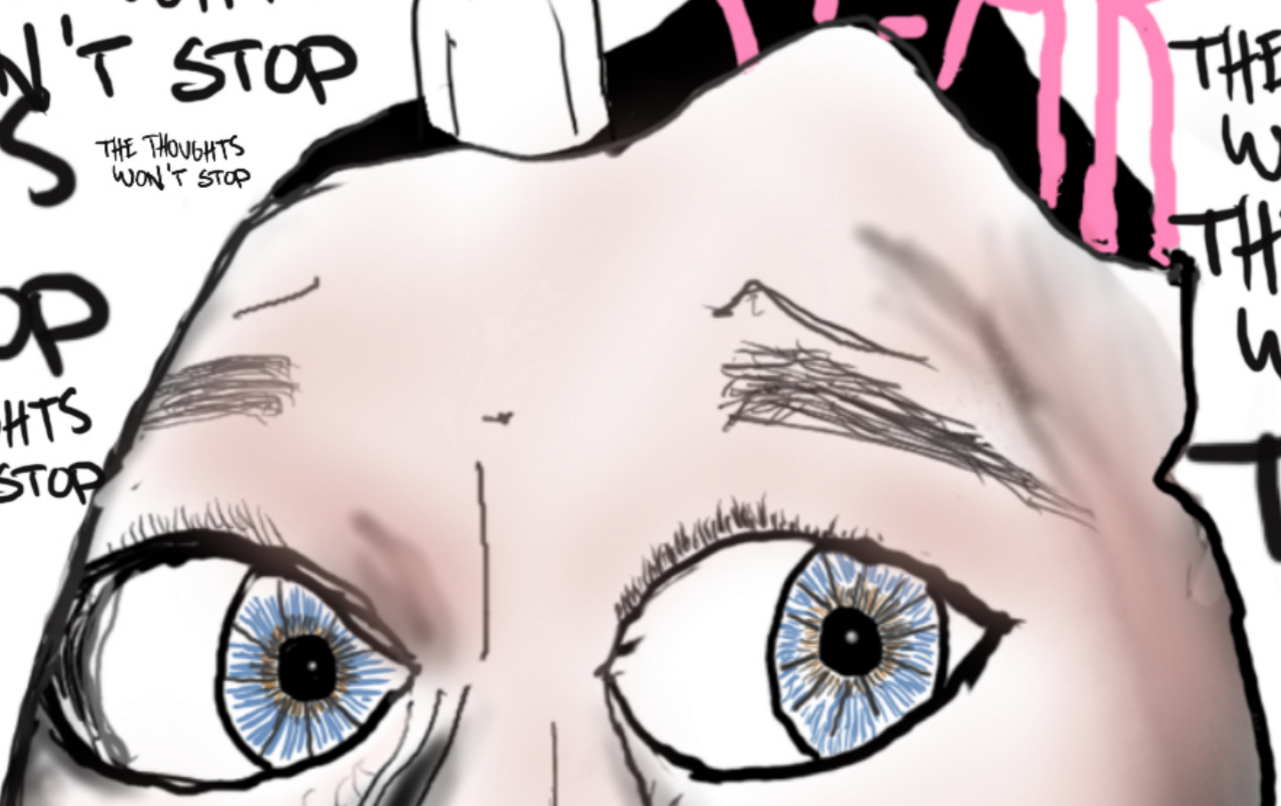
THE THOUGHTS WON'T STOP

THE THOUGHTS WON'T STOP

THE THOUGHTS WON'T STOP

THOUGHTS

FEAR



OBSESSIVE COMPULSIVE DISORDER OBSESSIVE COMPULSIVE DISORDER OBSESSIVE COMPULSIVE DISORDER

1996: DOCTOR <sup>PRESCRIBES</sup> DRUGS AND I  
MASTER LATIN  
P. R. N.



PRO RE NATA: A LATIN TERM MEANING "AS NEEDED"



GOOD DRUGS ARE BAD DRUGS ARE  
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GOOD DRUGS ARE BAD DRUGS ARE



2000

Substance Use Disorder, Addiction, Drug Abuse, Mental Health, and Substance Abuse Treatment. Substance Use Disorder, Addiction, Drug Abuse, Mental Health, and Substance Abuse Treatment. Substance Use Disorder, Addiction, Drug Abuse, Mental Health, and Substance Abuse Treatment.

MIRROR  
MOTHER'S  
I WAS  
AS A CHILD

AS A CHILD  
I WAS  
MOTHER'S  
MIRROR

I GREW  
TO BE  
A MIRROR  
FOR MY  
RAGE

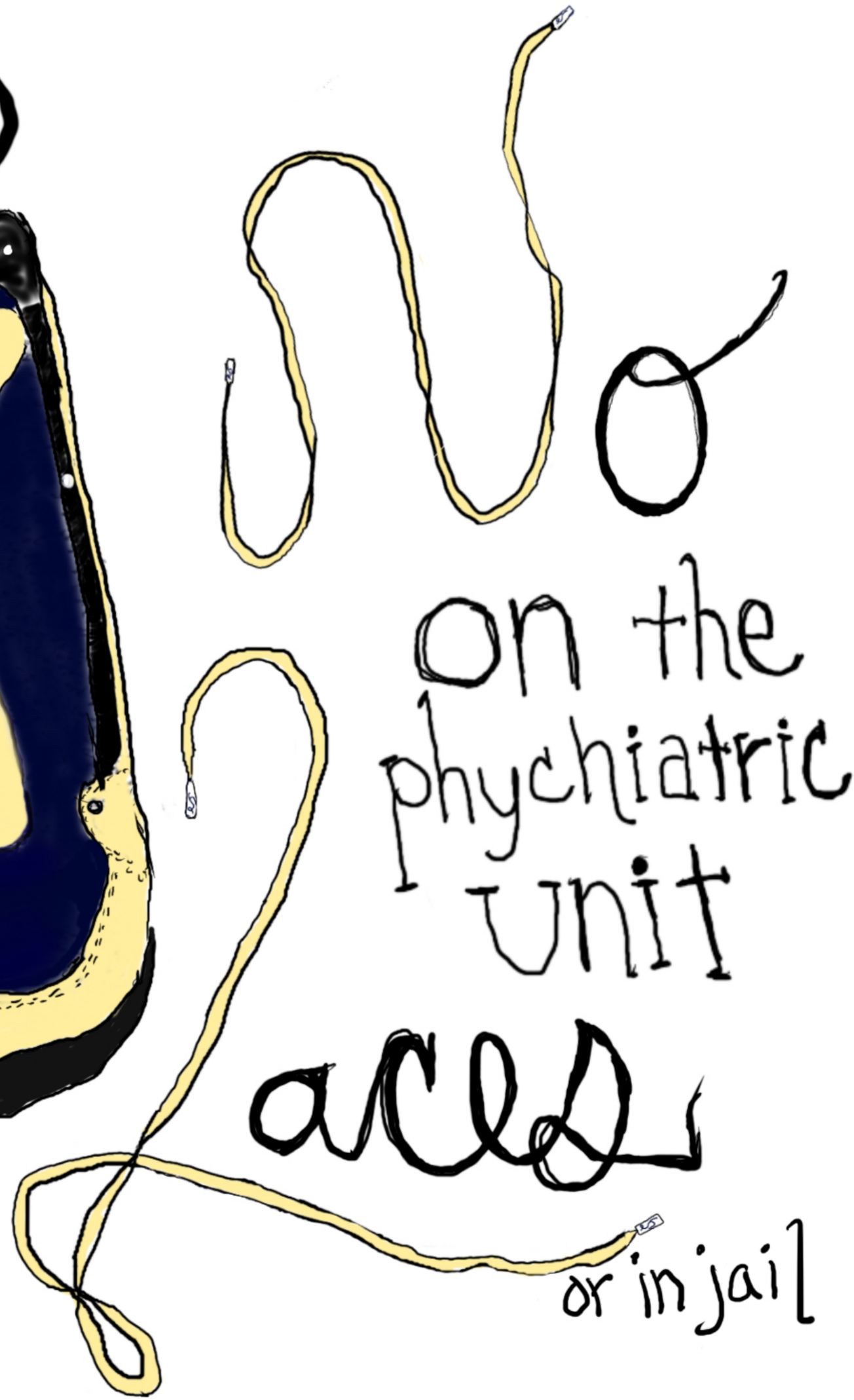
RAGE  
FOR MY  
A MIRROR  
TO BE  
I GREW

2002  
5005

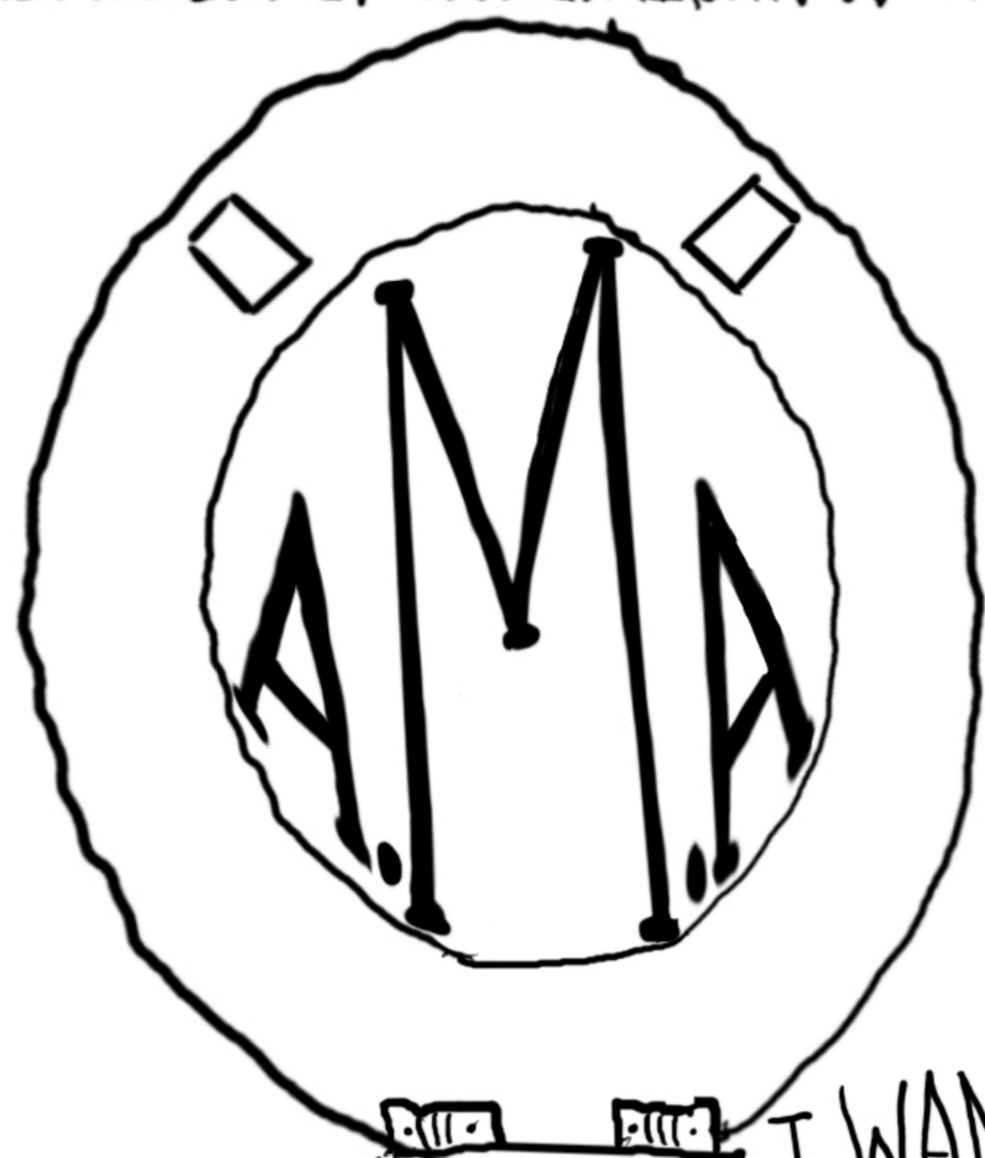


M.A.T.O.R. D.E.P.P.R.E.S.S.I.V.E. D.I.S.O.R.D.E.R. S.E.A.D.O.S.I.D. E.N.S.J.A









2004

I WANTED TO BE  
TO BELIEVE I MADE IT ALL UP.  
WITH **HARD WORK**,  
**DONE**.

THE **FEAR** WOULD SIMPLY DISAPPEAR.

DOCTORS DISAGREED



SET ASIDE. See, it's like this: I was born without emotional skin. This box contains an epidermis. TERROREZ ITS HOST. A day that seems like too many And yet, THE THOUGHTS INTO TRINKETS I CAN HOLD, EXAMINE, AND THEN SET ASIDE.

**BUT...**

IT NO LONGER RUNS MY LIFE. A THOUGHT CAN BE JUST THAT. A THOUGHT NEED NOT

• I have BIG COMPLEX feels about all these Pills; POP. Five medications, fifteen pills total?

**FEAR**

have subsided some.



PILLS TURN

TERROREZ

ITS HOST.

A day that

seems like

too many

And yet,

THE THOUGHTS

INTO TRINKETS

I CAN HOLD,

EXAMINE,

AND THEN

SET ASIDE.



DIAGNOSIS IS NOT IDENTITY

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2024

DIAGNOSIS IS NOT IDENTITY